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KAILASH MANSAROVAR YATRA BY HELICOPTER FROM LUCKNOW

Kailash Mansarovar Yatra is known for its religious value, cultural significance, physical beauty and thrilling nature. Bathing in Mansarovar and drinking its water is believed by Hindus to cleanse all sins. The Yatra is holiest form of expedition to Lord Shiva's own house called Mt. Kailash. Every year thousands of pilgrims undertake the divine yatra from various parts of the country & world as well as. The Kailash or Mount Kailash with the Mansarovar lake is deeply integral to the heart of spiritual Asia, igniting the imagination of human beings since time immemorial. The Yatra is considered to be a journey for the salvation.

Itinerary

Day 1: Lucknow - Nepal Gunj (170 kms drive / 4-5 hrs)



Pick-up from Lucknow Railway Station / Airport / Hotel and further proceed to Nepal Gunj. On arrival check-in to the hotel in Nepal Gunj. Overnight stay with Dinner.

Nepalgunj also spelled Nepalganj, is a Sub-Metropolitan Municipality in Banke District. Nepal on the Terai plains near the southern border with Bahraich district, Uttar Pradesh state of India. The city also has religious significance. Bageshwori Temple is a renowned temple for Hindu devotees in the country as well as those from nearest border cities of India. Nepalgunj has a diverse culture with people from different faiths living within mixed communities.

Nepalgunj Weather - Temperature highly affects the lifestyle of Nepalgunj. Due to extreme heat in summer season, people wear light cotton clothes and rarely come out during the day time. While in the winter season, the temperature may drop to 4 °C during which people wear thick woollen clothes.



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Day 2: Nepal Gunj - Simikot (45mins flying)

Breakfast, Lunch & Dinner

After Breakfast board the morning flight from Nepal Gunj to Simikot. Rest for the acclimatize for high altitude at Simikot. Enjoy the nature walk at hill side and evening spent the time in leisure. Overnight stay at Simikot.

Simikot - is the regulatory central command of Humla District of Karnali Zone in the mountain locale of northwestern Nepal. Simikot is a ravishing territory over a slope with a tabletop runway. This is the primary spot you may begin feeling a portion of the impacts of elevation. Both these climbs are particularly justified, despite all the trouble for the flawless perspectives and extraordinary photograph openings.

Day 3: Simikot - Takalakot (30mins flying | 10mins walk | 30 Kms drive)

Breakfast, Lunch & Dinner

Morning after breakfast, board the helicopter and fly to Hilsa (Nepal – China Border). Pick-up at Shera border & cross the border. Enter into the Tibet Region. Meet our Tibetan and Nepali crew and further drive to Takalakot. Overnight stay at the hotel in Takalakot.

Taklakot is located in the southwestern part of Tibet and is known by the name of Burang County. Burang County is also known as Purang in Tibetan language and Taklakot in Nepalese. It is popularly known as an administrative and customs point between Tibet, Nepal and India. A frontier county bordering India and Nepal, it is the single most pass for pilgrims coming from India and Nepal to Mt. Kailash and Lake Manasarovar.

Day 4: Takalakot - Mansarovar (78 Kms drive)

Breakfast, Lunch & Dinner

Morning after breakfast drive to Holy Lake Mansarovar and rest of the day free for spiritual activities, such as the abode of god will be a lifetime – achievement. Pooja, Havana worship, meditation, holy bath, etc. Overnight stay at the shore of Lake Mansarovar.



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Mansarovar Lake - The holiest lake of Tibet and also considered to be the world's highest fresh-water lake, Lake Mansarovar is clipped in the far western Tibet Ngari Prefecture that is known to be 'not so far' from the Mighty Mount Kailash. It has been assumed by the Hindus that, the divine Lake Mansarovar has been formed by Lord Brahma, with an intention of facilitating a perfect area of letting his sons take bath after the whole trek of the divine land.

It is believed that the circumambulation of Lake Manasarovar by the pilgrims belonging to varied regions every summer is considered an act of wish fulfillment and getting rid of all the sins associated with them.

Day 5: Mansarovar – Darchen (30 Kms drive)

Breakfast, Lunch & Dinner

After breakfast, drive 1-2 hour to reach Darchen, the base camp of Holy at Mt. Kailash. Rest of the day is free of acclimatization and preparing for circuit (Parikarma).

Day 6 : Darchen – Diraphuk (10 Kms drive & 4-5 hrs trek)

Breakfast, Lunch & Dinner

After Breakfast, drive to Torboche (Yam Dhawar) and start the trek to Diraphuk. From there Parikarma / Cora begins. Overnight stay.

Yam Dhwar - Carrying the meaning of 'Yam' as the lord of death and on the other hand, 'Dwar' as gate- the Yama Dwar on whole is the 'Gateway of the God of Death'. It is the Gateway for making an entry into the heavenly abode of Lord Shiva open for all the pilgrims who are looking forward to have an experience for the lifetime. In order to visit the Mount Kailash, there exists a dire need for the pilgrim to pass through the Yam Dwar.

Day 7 : Diraphuk – Zhulthulphuk (22 Kms trek)

Breakfast, Lunch & Dinner

After the breakfast, Parikarma continues. This is the day where, every pilgrim talks about. The most difficult journey throughout the trip. From here start the trek to Dolma La pass (5600 m). Offer the very short prayer at Dolma La and move towards Gaurikund. Overnight stay.



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Gauri Kund - Accompanied with massive significance incorporated in the tour to the holy Mount Kailash. The splashing of the Gauri Kund's water is believed to purify your senses and also the soul, also they bring back some water from the lake to their homes for the purification purposes. Thus, indulging in the calmness, beauty and the clarity of the Gauri Kund is no less than an utmost satisfaction for thousands present here.

Day 8 : Zhulthulphuk – Takalakot (13 Kms trek)

Breakfast, Lunch & Dinner

Morning after breakfast, start the trek for 13 Kms. Will be reaching at the point, where the jeeps will be waiting to drive to Darchen and the Parikarma ends here. Post lunch drive to Takalakot via Mansarovar Parikarma circuit. Overnight stay.

Day 9 : Takalakot - Nepal Gunj (1:25 hrs flying)

Breakfast, Lunch & Dinner

After breakfast, transfer to Hilsa by road on reaching board the helicopter and fly to Simikot as soon as possible and get the connected flight to Nepal Gunj. On arrival at Nepal Gunj, check-in to the Hotel for the Overnight stay.

Day 10 : Nepal Gunj - Lucknow (170 kms / 4-5 hrs)

Morning after breakfast, check-out from the hotel and proceed to Lucknow by road. Final drop at Lucknow Airport / Railway Station / Hotel for the forwards journey.

II Tour end with ultimate blessings of almighty I

| Package Cost | | |
|--------------|------------------------|----------------------------|
| No of Person | Indian Passport Holder | Non-Indian Passport Holder |
| Min. 1 | 1,65,000 Per Person | \$3400 Per Person |



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| Hotels Envisaged or SIMILAR | | |
|-----------------------------|--|--|
| Location | Hotel Name | |
| Nepal Gunj | Hotel Cygentt Inn | |
| Simikot | Hotel Mansarovar | |
| Taklakot | Hotel Himalayan | |
| Mansarovar | Gompa Guest House on sharing basis | |
| Darchen | Hotel Himalayan | |
| Diraphuk | Basic Guest House/ Tent on sharing basis | |
| Zhulthulphuk | Basic Guest House/ Tent on sharing basis | |

Package Inclusions:

- Visa
- > Yatra Permit
- Vegetarian Meals (Breakfast, Lunch & Dinner)
- 9 Nights' Accommodation (6 Nights at Hotel & 3 Night in Guest Houses)
- ➤ Nepalgunj/Simikot both way air fare
- Helicopter from Simikot/Hilsa both ways
- > Transport by AC Bus as per group sizes
- Nepali Team Leader, Chinese / Tibetan Tour Guide
- > Team of Sherpa to carry your luggage & Cooks to prepare food
- > English & Hindi speaking Guide
- > Free gifts (Bag Pack, duffle Bag & other stuff)
- Down Jacket for Yatra (returnable after Yatra)
- Oxygen cylinder for the group
- > Yak for Kailash Parikrama for carrying equipment and kitchen utensils only.

Package Exclusions:

- ➤ GST 5% Extra
- > Any kind of personal expenses.
- Airfare / Rail fare or any other expenses from your home location.
- > Pony / Porter expenses in Kailash Parikrama.
- ➤ Any kind of Travel insurance.
- > Any kind of Medical expenses.



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- Gov Service tax as applicable.
- ➤ Any kind of donation or tip to Guide / Sherpa / Drivers /Cooks / Porter / Priest / or any crew member.
- Extra days accommodation in Kathmandu / Nepalgunj / Simikot / Hilsa / Purang due to bad weather/flight cancellation or any other reason.
- ➤ VISA Cancellation charges & transportation charges, if leaving early from Tibet.
- ➤ Any evacuation / rescue / additional charges / losses due to natural calamities / unforeseen circumstances.
- ➤ Any kind of extra baggage charges in flight/helicopter during Yatra.
- ➤ Anything which is not included in inclusions.

General Conditions:

- ✓ We strongly advise to allot 1-2 extra days to overcome any delays.
- ✓ Due to the nature of travel, there is always the possibility of change in the schedule. The Tour Operator or its partners shall not be liable for any such delays.
- ✓ GCH has the right to change the Itinerary in the event of adverse weather condition or any unforeseen reason.
- ✓ The Group will be required to follow the itinerary strictly. The entire Group will enter & exit together as per schedule.

Payment Pattern:

- ✓ INR 15000 /- per person amount at the time of booking for confirmation
- ✓ INR 20000 /- per person at the time of permit application
- ✓ Balance amount 15 days before starting the Yatra.

Cancellation Policy:

- ✓ Cancellation takes place in before 101 days prior to your departure date, your 100% payment will be refunded within 15 working days from the day of cancellation request.
- ✓ Cancellation takes place in between 100 days to 30 days prior to your departure date, your payment will be refunded except the non-refundable deposit of INR 9999/USD 150 within 15 working days from the day of cancellation request.
- ✓ Cancellation takes place in between 29 day to 11 days prior to your departure date, your payment will be refunded except the cancellation charges of INR 35000/USD 500 within 15 working days from the day of cancellation request.

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- ✓ Cancellation takes place in between 10 days to 2 days prior to your departure date, your payment will be refunded except the cancellation charges of INR 75000/USD 1100 within 15 working days from the day of cancellation request.
- ✓ Cancellation takes place in within 2 days prior to your departure date, 100% of amount will be charged at cancellation charges hence no refund.

Documents Required:

✓ 6 Month Valid Passport from travel date with 6 passport size photographs.

Oxygen cylinder:

✓ Our company will provide oxygen cylinder in emergency. Usually, oxygen cylinder is not required. However, some pilgrims prefer to carry their own handy oxygen cylinders. You may buy small portable cylinder in Tibet. It may cost approx. Yuan 20-30 Per cylinder.

Food during Yatra:

✓ Our cooks will be traveling with you during the entire trip. Our Staff will carry all necessary cooking items and will provide Indian vegetarian food during the Yatra.

Age Restrictions:

✓ No, we do not have any age restrictions. If you are physically fit, you may travel but sometime Chinese Authority do not permit for people aged 70 or above. We insist everyone to consult with their doctor and must mention that you are going to high altitude. Many of old aged people travelled with us and have successfully done the Parikrama.



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Important Pre-Departure Information:

Clothing:

Casual wears and comfortable walking shoes are recommended to travel to Tibet. Be sure to bring warm clothing as nights and early mornings can be quite chilly to downright cold.

Indian woman Pilgrims are strictly advised not to wear Sari. Bring all the medicines, cosmetics, personal toilet items etc. that you need at home as these are difficult (if not impossible) to obtain on the way.

A small first aid kit is also a good idea. Also, quite useful to have a route map, to know where you are going and have been each day.

What to take:

Winter wear: Gore-Tex material though expensive is highly recommended to beat the chilling cold.

Also, carry down jacket, raincoat or windbreakers, thermal under wears, Jackets, warm trousers & woolen shirts (cotton will also do), warm sweaters, woolen gloves, sun hat, sun glass, comfortable shoes, light leather boots in case of snow, woolen balaclava ('monkey cap') & scarf/dust mask to protect your eyes & nose from dust and cold.

Bring with you:

Snacks along the way. Chocolates, dry fruit, toffees, glucose; 'namkeen' etc. Strong water bottle & water purifying tablets.

Personal medical kit and Diamox tablet (for high altitude), Sun glasses (to protect your eyes from UV, which is especially strong in high altitudes), sun block or sun screen lotion, wet tissues (Fresh-ones are excellent to wipe off the dust), clothes-line/clips, needle & thread, deo-spray (handy for smelly boots/feet and for a round of spray in the toilet tent!), toilet paper, torch & spare batteries, daypack (small shoulder bag), Camera & films, Binocular.



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Health:

This is one of the toughest high altitude road journeys on earth. You Must be physically fit – no two ways about that. Generally, patients with asthma & heart problems have a problem acclimatizing to high altitudes.

In your interests, it is essential that you be examined by your doctor to know about your health condition and your ability to cope up with the rigors of high altitude travel for days in 'no road' conditions, extreme cold, dust, trekking to an altitude of 1950oft during the Parikrama, etc.

Altitude Sickness:

As you are traveling over high terrain, you are likely to experience symptoms and discomfort of altitude sickness (headache, loss of appetite, nausea, exhaustion, sleeplessness, breathlessness etc.) until your body adjusts to the elevation.

This can take a couple of days or more depending on an individual. For this reason alone, we have made it mandatory to stay 2 nights at Kerung before moving on to the higher altitudes.

Be calm, and do not exercise. Do not drink alcohol or smoke prior to and during the tour. We also recommend you carry a strip of diamox tablets. Do consult your physician on the dosage.

We provide Gamow bag (a special equipment to prevent sickness from high altitude) on this tour.

Currency:

The unit of Chinese currency is Yuan. USD 1 = 6.00 Yuan. 1 Yuan = INR 10.00 approx, Money can exchange at Bank of China at Zhangmu or from the locals at Zhangmu or

Kodari. Exchange all your remaining Yuan at the end of the trip at Zhangmu itself before re-entering Nepal.

Risks & Liability:

Global Connect Hospitality team and its associates will put every effort to make your journey smooth and pleasant. However, all the tours in Tibet are conduct strictly under the rules & regulation of Tibet Tourism Bureau (TTB).

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Therefore, Global Connect Hospitality and its counterpart shall not be responsible for any change and alteration in the program due to unavoidable circumstances such as landslide, road blockage, flood, snow, political unrest, cancellation of flight, delay arrival, delay issue of permit and visa, sickness or accidents. Any extra cost incurred thereof shall be borne by the clients on the spot.